**PSY 708: COGNITIVE ASSESSMENT & PSYCHOTHERAPY**

**Final Exam**

**Due: 5/7/17**

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**Directions:** You are to complete a CBT Case Formulation and Treatment Plan. This will be based on a separate document titled “Panic Disorder & Agoraphobia Case Study.” For your case formulation and treatment plan, you must use the document titled “CBT Case Formulation & Treatment Plan – TEMPLATE.” There are also two supplemental assessment documents that should be referred to as additional sources of information. Be sure to utilize your notes and readings from class lecture on 4/20. Of course, any prior class readings and lectures (e.g., automatic thoughts, core beliefs, behavioral techniques) are a good source of information, especially for interventions. It is also highly suggested that you follow the noted ***Barlow (2014 & 2002) chapters to help inform your conceptual understanding and treatment approach. Finally, you are more than welcome to use additional supplementary resources as long as they are cognitive-behavioral in nature and empirically supported. This exam must be emailed to Dr. V in **MS Word format** at am.volungis@assumption.edu by **5/7/17.** This exam accounts for **25% of your final grade.***

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***Chapter 1 – Panic Disorder and Agoraphobia (pp. 1-61)***

***This is your class textbook***

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***Chapter 10 – Panic Disorder and Agoraphobia (pp. 328-379)***

***Supplemental option – available at Beck Library and Amazon – it is “The” book for anxiety disorders***