LMHC License Exam Preparation Workshop

Held at MaMHCA Classroom & Offices, Foxboro, MA

Please view our Events Calendar for upcoming License Exam Prep Workshops.

About the Workshop

The Subject Review is designed to prepare Mental Health Counselors for the Massachusetts State Licensure Examination. It is an in-depth overview of the content areas used in the NCMHCE Exam, chosen by the LMHC Licensing Board for MA. Topics include: Diagnosis, Treatment Planning, Evaluation, Professional Practice, Counseling Theory, Human Growth and Development, and more. The workshop is designed to provide you with the information you need to pass the exam and includes techniques to assess your knowledge base. The format allows plenty of time for you to ask the questions you need to ask to help you understand how to best use your knowledge. At the workshop you will receive the PTI Clinical Mental Health Counselor Handbook & Study Guide 3rd Edition, with all the study areas covered, including a total update for DSM-5, so you can also prepare for the test at home after the workshop.

The Test Taking Techniques component provides you with traditional test taking techniques as well as personal insights into your individual style of learning and test taking abilities. You will be given sample tests that are modeled after the NCMHCE Exam so you have the opportunity to see how you perform within their structure.

The exam consists of two types of question sets, assessing two broad types of skill sets: Information Gathering (IG) & Decision Making (DM). Within each of these 2 sets appropriate clinical content areas are assessed. IG skills and DM skills are scored separately. You must ace each of these broad skill sets to pass the exam.

Additionally, On-line simulations, PTI’s ExamAce, will be provided to familiarize you with the new computer-based exam format.

Then you will be shown how to improve and optimize your ability to use your knowledge to successfully pass the exam.

You will also be given an opportunity to find others who are interested in forming study and support groups to help prepare for success.

► This workshop has successfully helped over 3500 LMHCs pass their license exam!

Workshop Presenters

Psychotherapists Training Institute:

Dr. Bonnie Bullard, LMHC, brings a wide variety of education and experience to this workshop. She has 30 years experience in the counseling and special education fields working in and directing programs for both mentally and emotionally handicapped children and adults. She has been a faculty member at Boston College and adjunct faculty at Fitchburg State College and Framingham State College, and Lesley University.

For the past 29 years she has been in practice in the mental health field maintaining private practice and agency practice. Dr. Bullard is an accomplished presenter and has conducted workshops on various subjects including DSM IV, Treatment Planning, Crisis Intervention and Emergency Services, and Effective Interviewing Techniques. She is currently offering private supervision and coaching for the LMHC license examination.

Lisa M John, MS, LMHC, is MaMHCA’s Member Communications Director where she oversees the organization's print, online, and social media efforts. Lisa contributes to ongoing and continuing education for MaMHCA members through MaMHCA's daily Twitter feed suggesting professional articles of interest. She is also an accomplished public speaker and presenter, thanks to her former career.

Lisa is a career switcher, graduating from the graduate mental health counseling program at Salem State University in 2011 after a career in media and advertising, where she worked for The Wall Street Journal in Atlanta and Boston, and for Forbes Magazine and Boston Globe Media in Boston. Currently, she is an outpatient clinician at Lahey Behavioral Health in Salem, and has a private practice at Metro-West Counseling in Framingham, MA. She holds an undergraduate degree in English/Creative Writing from Brown University.

• Fees: $550.00 Includes PTI Handbook and Study Guide, 3rd Edition, 275 Flashcards, and ExamAce (online
Simulations

• All fees due 10 days prior to workshop

• Please Note: If you are a MaMHCA member, or join at this time, you can deduct $75 from your total registration. The Workshop would cost $475.

• Workshop is limited to 20

• To verify seating availability after deadline contact Deborah Bergstrom 508-698-0010

The License exam is authored by NBCC and administered by AMP. Applications to take the computer-based exam must be submitted in a timely manner. Application to take the exam can be obtained through NBCC or the LMHC licensing board website.

Registration:

• A confirmation letter with detailed directions and a map to help you reach workshop site will be sent one week prior to workshop.

  • Bring plenty of note taking materials & highlighters

  • Lunch will be on your own.

  • If you have any special needs or require handicapped access, please let us know ahead of time.

Cancellation & Refund Policy

Cancellations can be made up until two weeks before the program date and you will receive a full refund minus a $25 administrative fee. After that date, no refunds will be made, but you may send another person in your place.

Register Now!