

ADAM M. VOLUNGIS, Ph.D.
Assistant Professor – Assumption College
Cognitive-Behavioral Therapies Concentration Coordinator – Clinical Counseling Psychology Program

CURRICULUM VITAE

Department of Psychology
Clinical Counseling Psychology Program

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Worcester, MA 01609

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Website: <http://dradamvolungis.com/>

CBT Book

Cognitive-Behavioral Therapy: Theory into Practice

Release Date: August 15, 2018 (see flyer at end of CV)

===== **EDUCATION** =====

Ph.D., Counseling Psychology (APA Accredited) **Indiana University – Bloomington, IN (1/2011)**

Minor: Organizational Management (Kelley School of Business)

Dissertation Title: School Size & Youth Violence: Potential Mediating & Moderating Role of School Connectedness

APA Accredited Clinical Internship: Casa Pacifica – Camarillo, CA <http://www.casapacifica.org>

M.A., Counseling Psychology **Assumption College – Worcester, MA (5/2003)**

Concentrations: Cognitive-Behavioral Therapies (Aaron T. Beck Institute)

Child and Family Interventions

B.A., Psychology (Magna Cum Laude) **Saint Anselm College – Manchester, NH (5/2001)**

Senior Thesis: Coping Strategies and Social Support in HIV-Positive Gay Men: The Relationship to Depression and Anxiety

Thesis can be viewed at: <http://www.anselm.edu/internet/psych/theses/SR2001.htm/volungis/volungis.html>

===== **LICENSURE** =====

Licensed Mental Health Counselor (LMHC)

September 2005 – Present

--Massachusetts – License #: 5893

===== **PROFESSIONAL AFFILIATIONS** =====

Alliance for Professional Counselors

American Psychological Association (APA)

Association for Behavioral & Cognitive Therapies (ABCT)

Delta Epsilon Sigma

Eastern Psychological Association (EPA)

Massachusetts Mental Health Counselors Association (MaMHCA)

New England Psychological Association (NEPA)

- Steering Committee Member (2014–2017)

Psi Chi

===== HONORS/AWARDS =====

- Faculty Development Grant (Research)** 2016, 2018
- Assumption College
- Paul F. Munger Award** Spring 2009
- Indiana University – Nominated and awarded by faculty for demonstrating “high promise in the areas of clinical practice, research, teaching, and community-building”
- APAGS’ Outstanding Professional Development Program Award** September 2008
- American Psychological Association
- Department of Counseling Psychology Research Fellowship Award** Spring 2008
- Indiana University – Awarded by faculty in support of “outstanding student research”
- Trentham Conference Travel Award (for APA)** Summer 2007, 2008
- Indiana University
- Graduate Fellow** May 2001 – May 2003
- Assumption College
- Dean’s List of Scholars** 1997-2001
- Saint Anselm College
- Presidential Scholarship Award** 1997-2001
- Saint Anselm College

===== TEACHING =====

- ASSUMPTION COLLEGE (Worcester, MA) – Department of Psychology
- Assistant Professor** Fall 2015 – Present
- Visiting Assistant Professor** Fall 2011 – Summer 2015
- Adjunct Professor** Spring 2011

Graduate Courses

- Professional Integrative Seminar (790)
- Systems Interventions with Children (720)
- Cognitive-Behavioral Interventions with Children (712)
- Cognitive Assessment and Psychotherapy (708)
- Group Approaches to Counseling (705)
- Research Seminar (650)
- Issues in Professional Practice (627)
- Psychological of Measurement (504)
- Psychology of Personality (501)

Undergraduate Courses

- Psychology of Women (217)
- Psychology of Personality (140)
- Abnormal Psychology (116)
- General Psychology (101)

- IVY TECH COMMUNITY COLLEGE OF INDIANA (Bloomington, IN) – Department of Psychology
- Adjunct Faculty** Fall 2007 – Fall 2009

Courses Taught

- Abnormal Psychology
- Introduction to Psychology

INDIANA UNIVERSITY (Bloomington, IN) – Department of Counseling & Educational Psychology
Associate Instructor **Fall 2005 – Spring 2009**

Courses Taught

- Individual Appraisal: Principles and Procedures (Graduate – Master’s and Doctoral)
- Communication in the Classroom (Undergraduate)

Guest Lecturer (Graduate)

- Doctoral Practicum
- Psychoeducational Consultation
- Counseling Lab

===== **SERVICE TO THE COLLEGE** =====

Center for Teaching Excellence Advisory Council **Fall 2017 – Present**

- The Council advises the Director on the mission of the Center, helps to plan its schedule of activities and events, and helps to define the role it plays in supporting the teaching work of all Assumption College faculty.

Status and Welfare Committee **Fall 2017 – Present**

- This committee acts as the Faculty's agent to the College Administration regarding matters of salary, benefits, and other conditions of employment as they arise.

Faculty Diversity Committee **Summer 2017**

- This committee was charged with describing and analyzing the current state of faculty diversity. We offered recommendations to the Provost for improvements to increase faculty applications from diverse populations and considerations for future hiring practices.

Accreditation Committee **Spring 2017 – Present**

- *Clinical Counseling Psychology Program* – Assist committee with preparing for program accreditation (Master’s in Psychology and Counseling Accreditation Council [MPCAC]).

Representative to the Faculty Senate **Fall 2016 – Present**

- *Psychology Department* – Attend and participate in faculty senate meetings and report back to the department.

Assessment Committee **Summer 2016**

- *Clinical Counseling Psychology Program* – Assisted committee with assessment procedures and evaluation of graduate courses and overall program curriculum.

Faculty Search Committee **Spring 2016, 2017**

- *Psychology Department* – Assisted committee with selection of candidate for tenure-track position in the Psychology Department with an emphasis in teaching in the Clinical Counseling Psychology Program.

Coordinator of the Cognitive-Behavioral Therapies Concentration **Fall 2015 – Present**

- *Clinical Counseling Psychology Program* – Oversee concentration course requirements and advise graduate students on program curriculum.

CCRN Response Subcommittee Member **Fall 2015 – Present**

- *Coordinated Community Response Network (CCRN)* – Faculty Representative – Assist subcommittee on developing techniques and protocol in how to respond to student reporting of campus sexual assault.

Curriculum Revision Committee **Fall 2015 – Fall 2016**

- *Psychology Department* – Assisted committee on revising department undergraduate courses and curriculum for psychology majors and minors.

NEPA Planning Committee **Fall 2015 – Fall 2016**

- *Assumption College* – Assisted in planning to host the annual conference of the New England Psychology Association at Assumption College for October 2016.

Faculty Mentor

Fall 2012 – Spring 2017

- *Interest Circle, Living Learning Center* – Inspired by Steven Levitt’s and Stephen Dubner’s books “Freakonomics” and “Super Freakonomics” this interest circle addressed a variety of questions through a blend of sociological, psychological, and economical concepts. We listened to podcasts, read an occasional chapter (www.freakonomics.com), and discussed how these concepts redefine the way we view the modern world.

===== PROFESSIONAL ACTIVITIES =====

NEW ENGLAND PSYCHOLOGICAL ASSOCIATION

Steering Committee Member

October 2014 – Present

- Elected by peers; 2-3 meetings a year to conduct NEPA business activities
- *Assisted in planning for Assumption College to host NEPA October 2016*

AD HOC REVIEWER

North American Journal of Psychology

May 2017 – Present

The Counseling Psychologist

May 2012 – Present

INDIANA UNIVERSITY (Bloomington, IN) – Department of Counseling & Educational Psychology

Doctoral Student Representative

October 2006 – September 2007

- Elected by peers as doctoral student representative to the faculty of the counseling psychology program. Primary duties included attendance and participation in monthly faculty meetings and assistance in APA accreditation process spring 2007.
- *Training Directors: Charles R. Ridley, Ph.D. & Rex Stockton, Ed.D.*

Policy Committee Member

May 2006 – May 2007

- Primary member in the development and completion of the first and current working document of the counseling psychology program’s policy statement. Components included preamble, program values, operational guidelines, and accountability.
- *Chair: Charles R. Ridley, Ph.D.*

===== ACTIVE RESEARCH =====

Book: Becoming a Mental Health Counselor: A Guide to Career Development and Professional Identity

- Rowman & Littlefield, Inc.
- Anticipated release: First Quarter 2020
- Book focuses on key steps to becoming a mental health counselor, from licensure to professional development

School Climate and Student Mental Health

- Currently collaborating with a local regional high school in developing an implementation plan focusing on improving responsiveness to student mental health (e.g., suicide prevention)

Organizational Trauma-Informed Competency

- Currently collaborating with a local mental health agency in developing an implementation plan focusing on measuring organizational climate of trauma-informed care through direct-care staff

Smartphone Dependency, Social-Emotional Well-Being, and Personality

- Collaboration with Maria Kalpidou, Ph.D.
- Study examining the relationship between smartphone dependency, social-emotional well-being (e.g., sleep quality, loneliness, interpersonal relationships satisfaction, social/work/school adjustment, psychological distress), and personality traits in college students

Adverse Childhood Experiences and Well-Being

- Collaboration with Maria Kalpidou, Ph.D.
- Study examining the relationship between adverse childhood experiences (ACEs), coping strategies, and executive functioning of college students as well as their connections to well-being as indexed by college adjustment and perceived psychological and physical health

Youth Internalizing/Externalizing Disorders

- Collaboration with Len Doerfler, Ph.D. & Daniel Connor, M.D.
- Examples of active studies: (a) examining the irritable dimension within oppositionality as a predictor of depression, (b) evaluating the clinical utility of the ADHD rating scale, (c) relationship between depression and aggression in youth who are diagnosed with ADHD

===== **MANUSCRIPTS IN PREPARATION** =====

Volungis, A. M., Kalpidou, M., Popores, C., & Joyce, M. (2018). *Smartphone addiction and its relationship with social-emotional distress and personality*. Manuscript submitted for review.

Volungis, A. M., Doerfler, L. A., & Connor, D. F. (2018). *Absence of the irritable dimension within oppositionality as a predictor of depression in a clinic sample of youths* (Working Title). Manuscript in preparation.

Kalpidou, M., **Volungis, A. M.** (2018). *Childhood adversity, coping, and adjustment in college* (Working Title). Manuscript in preparation.

===== **PUBLICATIONS** =====

Volungis, A. M. (2018). *Cognitive-behavioral therapy: Theory into practice*. New York, NY: Rowman & Littlefield.

Release Date: August 15, 2018

Amazon: <https://www.amazon.com/Cognitive-Behavioral-Therapy-Theory-into-Practice/dp/1442274107>

R&L: <https://rowman.com/ISBN/9781442274099/Cognitive-Behavioral-Therapy-Theory-into-Practice>

Volungis, A. M. & Goodman, K. (2017). School violence prevention: Teachers establishing relationships with students using counseling strategies. *Sage Open*, 7(1), 1-11.

Volungis, A. M. (2016). School size & youth violence: The mediating role of school connectedness. *North American Journal of Psychology*, 18, 123-146.

Daniels, J. A., **Volungis, A. M.,** Pshenishny, E., Ghandi, P., Winkler, A., Bradley, M. C., & Cramer, D. P. (2010). A qualitative investigation of averted school rampages. *The Counseling Psychologist*, 38, 69-95.

Volungis, A. M. & Whiston, S. C. (2009). *Instructor's manual for principles and applications of assessment in counseling* (3rd ed.). Belmont, CA: Brooks/Cole.

Volungis, A. M. (2008). Preventing school violence through establishing school connectedness. *Prevention in Counseling Psychology: Theory, Research, Practice and Training*, 2, 17-21.

Doerfler, L. A., Connor, D. F., **Volungis, A. M., &** Toscano, P. F. (2007). Panic disorder in clinically referred children and adolescents. *Child Psychiatry and Human Development*, 38, 57-71.

Connor, D. F., Doerfler, L. A., Toscano, P. F., **Volungis, A. M., &** Steingard, R. J. (2004). Characteristics of children and adolescents admitted to a residential treatment center. *Journal of Child and Family Studies*, 13, 497-510.

Connor, D. F., Doerfler, L., **Volungis, A. M., &** Melloni, R. H. (2003). Aggressive behavior in abused children. *Annals of the New York Academy of Sciences*, 1008, 79-90.

===== CONFERENCE PRESENTATIONS =====

- Volungis, A. M.,** Kalpidou, M. (2018, June). *The reciprocal nature of well-being and underlying mechanisms of social media: A working developmental model for discussion*. Paper presented at workshop (Bridging the gaps: Social media and well-being) at the 18th annual International Conference on Web and Social Media, Stanford, CA.
- Volungis, A. M.,** Morse, E., Fox, L., & Doerfler, L. (2018, March). *High school suicide prevention: Follow-up to a psychoeducation program pilot study*. Poster presented at the 89th annual conference of the Eastern Psychological Association, Philadelphia, PA.
- Volungis, A. M.,** Green, C., Amir, M., Manzi, S., Knight, B., Joyce, M., & Popores, C. (2017, October). *Trauma-informed care scale development*. Poster presented at the 57th annual conference of the New England Psychological Association, Newton, MA.
- Kalpidou, M., **Volungis, A. M.,** Bates, C., Mamott, E., & Spillman, C. (2017, May). *Childhood adversity, coping, and adjustment in college*. Poster presented at the 29th annual conference of the Association for Psychological Science, Boston, MA.
- Volungis, A. M.,** Knight, B., Joyce, M., & Popores, C. (2017, March). *Suicide prevention in adolescents: Implementation of a high school-based psychoeducation program*. Poster presented at the 88th annual conference of the Eastern Psychological Association, Boston, MA.
- Volungis, A. M.,** Kalpidou, M., Popores, C., & Joyce, M. (2017, March). *College student smartphone dependency: Relationships between social-emotional well-being and personality*. Paper presented at the 88th annual conference of the Eastern Psychological Association, Boston, MA.
- Volungis, A. M.,** Geertsma, J., Remen, A., & Doerfler, L. A. (2016, October). *Clinical characteristics of individuals who enter a community-based DBT program*. Poster presented at the 50th annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Volungis, A. M.,** Knight, B., Popores, C., & Joyce, M. (2016, October). *Creating a comprehensive website for CBT resources: What's working, what isn't... and looking for feedback*. Paper presented for the Technology and Behavior Change Special Interest Group at the 50th annual conference of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Volungis, A. M.,** Kalpidou, M., Joyce, M., Popores-LaFleur, C., & Raziuddin, A. (2016, October). *College smartphone dependency, mental health, and personality*. Paper presented at the 56th annual conference of the New England Psychological Association, Worcester, MA.
- Volungis, A. M.,** Kalpidou, M., Popores-LaFleur, C., Raziuddin, A., Joyce, M., & Avolese, P. (2016, August). *Childhood adversity and college mental health moderated by coping style*. Poster presented at the 124th annual conference of the American Psychological Association, Denver, CO.
- Kalpidou, M., **Volungis, A. M.,** Bates, C., & Mamott, E. (2016, August). *Childhood adversity and college adjustment*. Poster presented at the 124th annual conference of the American Psychological Association, Denver, CO.
- Doerfler, L. A., Danforth, J. S., Connor, D. F., & **Volungis, A. M.** (2015, November). *Is depression associated with higher levels of aggression in youth who are diagnosed with ADHD?* Poster presented at the 49th annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Volungis, A. M.,** Popores, C., Raziuddin, A., & Avolese, P. (2015, October). *Enhancing cognitive behavioral therapy with technology*. Poster presented at the 55th annual conference of the New England Psychological Association, Fitchburg, MA.
- Volungis, A. M.,** Doerfler, L. A., & Connor, D. F. (2014, November). *Absence of the irritable dimension within oppositionality as a predictor of depression in a clinic sample of youths*. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- Doerfler, L. A., **Volungis, A. M.**, & Connor, D. F. (2014, November). *Evaluating the clinical utility of the ADHD rating scale in a clinic population*. Poster presented at the 48th annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Volungis, A. M.**, Liu, S., Whittle, D., Henriquez, S., & Schmidt, K. (2014, March). *Hovering or grounded?: Exploring helicopter parenting as a valid construct*. Paper presented at the 85th annual conference of the Eastern Psychological Association, Boston, MA.
- Volungis, A. M.**, McGrath, M. A., Truong, D. T., Liu, S., Schmidt, K., & Garry A. (2013, October). *Not all treatments are equal: Re-conceptualizing treatments that cause harm*. Paper presented at the 53rd annual conference of the New England Psychological Association, Bridgeport, CT.
- McGrath, M. A., Liu, S., Whittle, D. S., & **Volungis, A. M.** (2013, October). *Suicide and the media: A literature review and considerations for the media promoting mental health*. Paper presented at the 53rd annual conference of the New England Psychological Association, Bridgeport, CT.
- Volungis, A. M.**, Truong, D. T., Angelone, J., Liu, S., & Whittle, D. S. (2013, July). *Media's role in promoting school violence: A proposed social-cultural learning model*. Poster presented at the 121st annual conference of the American Psychological Association, Honolulu, HI.
- Volungis, A. M.**, Truong, D. T., & Whittle, D. S., & Liu, S. (2013, July). *School administration's role in preventing school violence: Strategies for promoting school connectedness*. Poster presented at the 121st annual conference of the American Psychological Association, Honolulu, HI.
- Volungis, A. M.**, Truong, D. T., Angelone, J., Liu, S., & Whittle, D. S. (2013, March). *School violence in the media: A proposed social-cultural learning model*. Poster presented at the 84th annual conference of the Eastern Psychological Association, New York, NY.
- Volungis, A. M.** (Chair), & Finn, P. (Discussant). (2013, March). *Making research even more exciting! Effective use of technology for research teams*. Symposium conducted at the 84th annual conference of the Eastern Psychological Association, New York, NY.
- Volungis, A. M.**, Doerfler, L. A., Toscano, P. F., & Connor, D. F. (2012, November). *The absence of gender differences in co-occurring internalizing and externalizing disorders in youth*. Poster presented at the 46th annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Volungis, A. M.** (2012, November). *Youth violence prevention: Teachers fostering school connectedness through basic cognitive-behavioral techniques*. Poster presented at the 46th annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- McGrath, M. A., & **Volungis, A. M.** (2012, October). What should bullying prevention/intervention programs address? In P. Toscano & L. Doerfler (co-Chairs), *Collaboration among schools, community agencies, and academic institutions to address bullying in the public schools*. Symposium conducted at the 52nd annual conference of the New England Psychological Association, Worcester, MA.
- Volungis, A. M.**, & Angelone, J. (2012, October). Issues involved with implementing a bullying intervention. In P. Toscano & L. Doerfler (co-Chairs), *Collaboration among schools, community agencies, and academic institutions to address bullying in the public schools*. Symposium conducted at the 52nd annual conference of the New England Psychological Association, Worcester, MA.
- Volungis, A. M.**, McGrath, M. A., Truong, D. T., & Connor, D. F. (2012, October). *Absence of gender differences in co-occurring internalizing and externalizing disorders in youth: A network conceptualization*. Paper presented at 52nd annual conference of the New England Psychological Association, Worcester, MA.
- Volungis, A. M.**, Truong, D. T., & Whittle, D. S. (2012, October). *School violence prevention: The role of school administration in fostering school connectedness*. Paper presented at the 52nd annual conference of the New England Psychological Association, Worcester, MA.

- Daniels, J. A., Vecchi, G., **Volungis, A. M.**, & Kinnucan, L. (2012, September). *Breaking the code of silence: Strategies for combating school shootings and bullying*. Paper and workshop presented at the 12th annual conference of the Association for Conflict Resolution, New Orleans, LA.
- Volungis, A. M.** (2012, August). *School size & youth violence: Potential mediating and moderating role of school connectedness*. Poster presented at the 120th annual conference of the American Psychological Association, Orlando, FL.
- Volungis, A. M.**, & Howe, K. (2012, March). *School violence prevention: Teachers establishing relationships with students using counseling strategies*. Paper presented at the 83rd annual conference of the Eastern Psychological Association, Pittsburgh, PA.
- Volungis, A. M.** (2008, August). *Implementing empirically supported treatments: Keys to promoting success*. Paper presented at the 116th annual conference of the American Psychological Association, Boston, MA.
- Volungis, A. M.** (2008, August). Doctoral students' supervision experiences of multiple relationships. In L. Gilman & **A. M. Volungis** (Co-Chairs), *Doctoral students supervising master's students: Addressing training in multiple relationships*. APAGS Symposium conducted at the 116th annual conference of the American Psychological Association, Boston, MA. **[Recipient of the 2008 APA-APAGS' Outstanding Professional Development Award.]**
- Volungis, A. M.**, & Rahardja, D. (2008, June). Systemic considerations and micro-level application for school violence prevention. In A. M. Volungis (Chair), *Enhancing student mental health & school violence prevention: Fostering school connectedness through interpersonal relationships*. Symposium conducted at the Paul Munger Conference for Youth-Serving Professionals, Bloomington, IN.
- Volungis, A. M.** (2008, March). *General constructs and approaches in implementing counseling based programs*. Poster presented at the International Counseling Psychology Conference, Chicago, IL.
- Volungis, A. M.** (2007, August). Consultation on burnout within organizations. In C. Ridley (Chair), *Emerging issues in organizational consultation*. Symposium conducted at the 115th annual conference of the American Psychological Association, San Francisco, CA.
- Daniels, J. A., **Volungis, A. M.**, Pshenishny, E., Ghandi, P., & Winkler, A. (2007, August). *A qualitative investigation of averted school rampages: Preliminary findings*. Paper presented at the 115th annual conference of the American Psychological Association, San Francisco, CA.
- Volungis, A. M.**, & Tai, W. (2007, June). *Best practices through manualized treatments: Debunking myths and how it "really" works*. Workshop conducted at the Best Practices Summer Institute: Population-Based Services, Bloomington, IN.
- Volungis, A. M.** (2007, March). Transportation of manualized treatments. In, *Can manualized treatments promote the integration of practice and research, art and science?* Symposium conducted at the 20th annual American Psychological Association Division 17 Great Lakes Regional Conference, Akron, OH.
- Volungis, A. M.** (2006, April). Insufficient services and systems. In J. Daniels (Chair), *The impact of school violence on school personnel: Implications for counselors*. Symposium conducted at the 19th annual American Psychological Association Division 17 Great Lakes Regional Conference, West Lafayette, IN.
- ²Geck, L. C., Doyle, K. A., **Volungis, A. M.**, & DiDio, A. A. (2003, March). *HIV-Related bereavement and repeated disclosure: How do topic and listener support affect disclosure content?* Poster presented at the 74th annual conference of the Eastern Psychological Association, Baltimore, MD.
- ²Geck, L. C., Doyle, K. A., DiDio, A. A., & **Volungis, A. M.** (2002, October). *HIV-Related bereavement disclosure to a supportive listener vs. no listener: Does support matter?* Poster presented at the 42nd annual conference of the New England Psychological Association, Nashua, NH.

- ¹Volungis, A. M., & Geck, L. C. (2002, March). *Optimism and perceived stress in HIV-Positive gay men: The relationship to depression and anxiety*. Poster presented at the 73rd annual conference of the Eastern Psychological Association, Boston, MA.
- ²Geck, L. C., Volungis, A. M., Doyle, K. A., & DiDio, A. (2002, March). *Content and process of HIV-Related bereavement disclosure to a supportive listener*. Poster presented at the 73rd annual conference of the Eastern Psychological Association, Boston, MA.
- ¹Volungis, A. M., & Geck, L. C. (2001, April). *Coping strategies and social support in HIV-Positive gay men: The relationship to depression and anxiety*. Psi-Chi poster presented at the 72nd annual conference of the Eastern Psychological Association, Washington, DC.
- 1-part of senior thesis; 2-separate study from “1”

===== **CLINICAL** =====

CHILDREN’S FRIEND (Worcester, MA) <http://www.childrensfriend.org>
Outpatient Fee-For-Service Clinician **July 2012 – July 2013**

- Provided outpatient cognitive-behavioral therapy and psychological testing for children, adolescents, and their families
- *Clinical Director: Johanna Sagarin, Ph.D.*

YOUTH OPPORTUNITIES UPHELD INC. (Southbridge, MA) <http://www.youinc.org>
Outpatient Fee-For-Service Clinician **July 2011 – June 2012**

- Provided outpatient cognitive-behavioral therapy for children, adolescents, and their families
- *Program Director: Karen Gemboski, M.S.W., LICSW*
- *Clinical Director: Gisele Duplessis, M.S.W., LICSW*

CASA PACIFICA (Camarillo, CA) <http://www.casapacifica.org>
Pre-Doctoral Residential Clinical Intern (APA Accredited) **August 2009 – August 2010**

- Clinician at a Residential Level-14 cottage(s) for 16 boys and girls aged 11 to 18 with severe mental illness (e.g., trauma, bipolar, major depression), learning disabilities, challenging behaviors (e.g., conduct disorder, antisocial personality traits), and substance abuse
- Primary duties included providing evidenced based individual, family, and group therapy for adolescents and their families: CBT, TF-CBT, Interpersonal, DBT, Collaborative Problem Solving (CPS), Life Space Crisis Intervention (LSCI)
- Completed full battery psychological/cognitive assessments and psychosocial assessments; testing highlights: CBCL, CRS-R, BASC-2, CDI, MASC, WISC-IV, WAIS-IV, WJ-III-Cog/Ach, MMPI-II, MMPI-A, MACI, MCMI-III, NEPSY-2, TOVA
- *Primary Supervisor: Lori Kaplan, Ph.D.*
Secondary Supervisor: Michael Marquez, Ph.D.
Group Supervisor: Lauren Worden, Ph.D.

CENTER FOR HUMAN GROWTH (Bloomington, IN) <http://www.education.indiana.edu/chg/>
Assistant Director **July 2006 – May 2008**
Advanced Practicum Counselor **August 2005 – May 2006**

- Accountable for the day-to-day operation of a university department counseling center open to students and the community at large; worked in conjunction with Director of the center
- Provided weekly direct supervision for graduate-level counselors
- Co-facilitated weekly counselor staff meetings and administration meetings
- *Training Director: Rex Stockton, Ed.D.*
Training Supervisor: Thomas Sexton, Ph.D., ABPP

CENTER FOR ADOLESCENT & FAMILY STUDIES (Bloomington, IN)

Interim Lead Family Supervisor

Summer 2007

Advanced Practicum Family Counselor

July 2006 – October 2007

- Provided therapy and clinical supervision of the Functional Family Therapy (FFT) model, an evidence-based intervention for at-risk adolescents and their families who have been court mandated or referred by county juvenile probation for substance abuse and/or disruptive/oppositional behaviors (state funded Indiana Family Project)
- *Training Supervisor: Thomas Sexton, Ph.D., ABPP*

MEADOWRIDGE BEHAVIORAL HEALTH CENTER (JUSTICE RESOURCE INSTITUTE)

(Swansea, MA)

<http://jri.org/meadowridge/>

Clinician

May 2003 – August 2005

- Clinician for a COA-accredited treatment center and residential school for 27 adolescent boys and girls aged 12 to 22 with moderate to severe mental illness (e.g., trauma, bipolar, early onset psychosis), learning disabilities, and challenging behaviors (e.g., conduct disorder, borderline personality traits) (Chapter 766 approved and EEC licensed)
- *Program Director: Stephanie Ward, M.Ed., LMHC*
Clinical Director: James Isidorio, M.A., LMHC

YOUTH OPPORTUNITIES UPHELD INC. (Southbridge, MA)

<http://www.youinc.org>

Intern School-Based & Outpatient Therapist

September 2002 – May 2003

Practicum Counselor

May 2002 – August 2002

- Duties included providing assessment and therapy for children, adolescents, adults, and families utilizing local school facilities, the Family Services/Outpatient Clinic, and occasionally in the homes of the clients
- Specific areas of treatment included depression, anxiety, anger management, family and relationship problems, as well as other externalized behavioral/emotional problems such as ADHD, ODD, etc.
- *Supervisors: Nathan Peterson, M.A., LMHC & Owen Ryan, M.S.W, LICSW*
- *Department Supervisors: Lynn Dowd, Psy.D. & Peter Toscano, Ph.D.*

WORCESTER & WESTBOROUGH STATE HOSPITAL (MA)

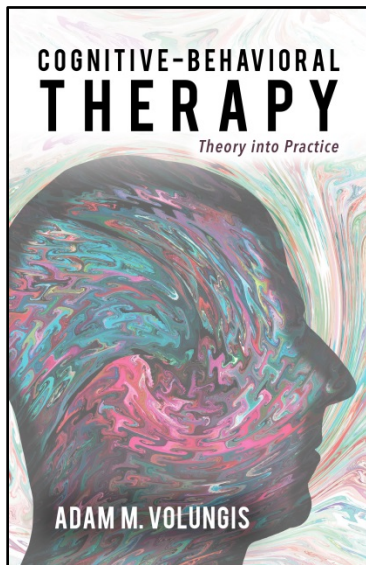
<http://www.umassmed.edu>

Transitions Counselor

July 2001 – September 2003

Program Director: Andrew Benedetti, M.Ed.

- Direct-care counselor for JCAHO accredited intensive/behavioral residential treatment program (IRTP & BIRT) for severely emotionally disturbed abused and neglected adolescents ranging from eating disorders and suicidal ideation/behaviors to severe conduct disordered behaviors and early onset psychosis; affiliated with UMass Medical – Psychiatry



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“This is a clearly written text that includes many concrete case examples and therapist-patient dialogues. It will serve as a valuable resource and guide for any student and trainee in clinical psychology and counseling.”

— Stefan G. Hofmann, Ph.D., professor of Psychology, Boston University

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Adam Volungis is a counseling psychologist and assistant professor in the Clinical Counseling Psychology Program at Assumption College. He has been a licensed therapist for 10+ years working with a variety of populations using CBT, and he has been published in several journals, including *The Counseling Psychologist*.

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